Understand coaching skills and their application
Gain confidence in using coaching models and tools
Develop your coaching skills and practise them in a safe, supportive environment
Explore how you can introduce a coaching culture in your organisation

COACHING SKILLS
COACH YOUR TEAM TO REACH THEIR FULL POTENTIAL

3 DAYS | EDINBURGH | STARTING JANUARY 2018
COACHING SKILLS
COACH YOUR TEAM TO REACH THEIR FULL POTENTIAL

“I now feel more comfortable and confident in helping others make decisions for themselves and empowering them to take on new challenges”

“I have gained a better understanding of why coaching is important”

Previous learners

IS THIS PROGRAMME FOR ME?

Do you know how to engage and motivate people in your organisation? Do you regularly offer useful and constructive feedback to your team and peers? Do you feel you would benefit from learning how to initiate and manage courageous conversations?

If so, this programme may be the ideal catalyst for you.

ON THIS PROGRAMME YOU WILL:

• Increase your knowledge of coaching and be able to identify when it's appropriate to use

• Increase your understanding of the benefits of a coaching approach within a people management role

• Build on and strengthen your ability to listen with attention and focus

• Develop your ability to ask insightful questions

THE CASE FOR COACHING

Coaching your team is a highly effective way of developing individual and organisational performance whilst boosting employee engagement. A strategy for developing coaching skills, particularly listening and questioning techniques, can lead to more confident management and leadership behaviours, creating a positively challenging working environment for you and your team.

This practical programme has been specifically designed to support you in developing a coaching approach in the way that you lead and manage.

PROGRAMME DETAILS

DATES: 30 & 31 January 2018
1 March 2018

TIME: 9.30am - 4.30pm

LOCATION: Arts and Business Scotland,
1st Floor, Rosebery House,
9 Haymarket Terrace,
Edinburgh EH12 5EZ

COST: £120

If you have any questions, please contact:

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